

## Stones to Bread

**Opening:** There are times when a person needs natural food and times when a person needs spiritual food. Sometimes we aren't sure about the difference. For example, have you ever eaten a bag of chips not because you were hungry, but because you were bored or lonely? That's an example of "comfort food." Today, I want to tell you an amazing story about Jesus and how he was once tempted to turn stones to bread. Can you imagine rocks being comfort food? That's even less healthy than the potato chips!

**Prayer:** God, we want to let go of many things for you this morning. Let go of our talking (pause), let go of our wiggles (pause), let go of our many thoughts (pause), let go of extra energy with a deep breath (pause, deep breath). All to say, "we love you God." (let children say "we love you God") Amen.

Matthew

4:1-11

### Scripture:

Our scripture reading today is a story you've heard before, but we are focusing on one main section. The first temptation of Jesus... Stones to Bread. Let's read the whole story together.

### Ask/Say:

- 1 Just imagine that you're Jesus. It's been days since you've eaten anything. You've been talking to God and clinging to his presence, so you are okay, but your stomach is rumbling. (act it out)
- 2 All of a sudden, the enemy shows up with some rocks. Now that's just mean, isn't it? He knows that Jesus is hungry so he tempts him to do something magical. What did Jesus say to that enemy?
- 3 In other words, "I have spiritual food." The food that fills ALL of the emptiness and need within me. I HAVE GOD!

### Craft Station: Bread Basket Napkins

Paint the edges of the napkin however you wish. In the center of the napkin, use the fabric pen to write:

Man shall not live on bread alone, but on every word that comes from the mouth of God.

Take home and use when serving bread, to remember Jesus!