

What Is Love?

Read 1 Corinthians 1:10–11; 13. How many times is the word *love* used in 1 Corinthians 13? Name ways you can show love at home. Set a timer for three minutes. How many ideas did you list in three minutes?

Pray with your body to receive God's love. Take a few slow breaths, putting your hands on your stomach to feel the air move in and out. Breathe God's love in and then out to share it with others.

Paint hearts with watercolors and make a heart mobile to hang over your dining table. On each heart write one characteristic of love from 1 Corinthians 13.